



Second Skin

CUSTOMISED COMPRESSION GARMENTS & SPLINTS

Washing tips

SOILED GARMENTS & SPLINTS (VOMITING)*



- **Remove the bulk** of the material with a spoon or a butter knife. Scrape only as much as necessary to remove the vomit without roughing up the clothing's fibres.
- **Run cold water*** through the **back side** of the stain to force the stain out through the front of the fabric.
- **Soak the fabric in cold water** with a colour-safe stain remover (eg Napisan or Vanish).

Alternatively create your own solution: 4 x cups warm water, 1 tablespoon ammonia, 1/2 teaspoon liquid detergent (be sure it does NOT contain bleach or toxic substances).

- **Whilst soaking, use an old toothbrush** to make light strokes on the stained fabric (called tamping). Blot in between tamping with an absorbent pad. Rinse well with cold water and repeat this process until the stain is removed.
- **Rinse the clothing thoroughly** in cold water, then **apply a stain removal spray** (eg Vanish spray). Let the clothing sit for three to five minutes.
- Finally, wash in warm water (not hot), using a liquid laundry detergent.
- Once the garment or splint is clean, **dry flat in an open ventilated area**.

***IMPORTANT NOTE: DO NOT USE HOT WATER**
(hot water will set the stain)

** Please take the necessary precautions, such as wearing gloves, when coming into contact with bodily fluids*